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Nancy Brady provides intuitive wellness services that support true self-empowerment and authentic wellbeing. She offers personalized sessions as well as classes and events that open pathways to your infinite potential so that you can live your best life. [Read more...](#)

Contact Nancy at:  
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Or call: 949-370-3382

### What people say:

"I was doubled over with pain last night and didn't sleep. I had major stomach pain and a sore abdominal area this morning. After our session I felt infinitely better, had much more energy and was comfortable in my body again."

## Creative Momentum

February 2012

Hello Everyone and welcome to this leap year February!

This month we can leap ahead as passion and change unite. Their marriage brings a commitment to move forward together in these creatively evolving times.

As I write this, my attention is drawn to a red-tailed hawk circling above my head. Looking up, I see the hawk's beauty against a backdrop of vibrant blue sky. Looking down, I notice its shadow drifting across the paper and the back of my hand. The sun illuminates the bird's majestic feathers and also makes its shadow possible. These diverse expressions of hawk-ness both contain an essence of the sun.

Our life experiences include richly contrasting reference points. We stand tall and we fall short. We catch a brass ring or miss cues over and over. Both sweet and bitter nuances in life increase our capacity to love, either through gratitude or through compassion and humility. Contained within every event and encounter is love, like a sun that reflects its light through expressions of life.

As you continue to uncover and manifest your vision this month, passion ignites creativity and can possibly trigger tendencies to control. Progress can be made by letting humility, compassion and gratitude guide your actions. Feel around for joy. Allow your inner magic to mobilize. And let this mutually empowering momentum of love lift your vision and your heart together.

## In-Sourcing Love

Love is always present, though often skewed through subconscious interference. Looking outside our self for love to fill and complete us creates discord. We can't out-source

*~Dr. Khelly Webb*

"Things changed immediately in ways I had no idea would. It was like a miracle, the difference!"

*~Janet*

*Find out more about how a session with Nancy can assist you.*

to fill and complete us creates discord. We can't out source love and expect it to last. By in-sourcing love, we nurture what is natural into a thriving aliveness again.

When we forget who we are and feel separate, layers of subconscious conditioning affect us. By restoring a perspective of wholeness, characteristics that are invalid and no longer useful can be encompassed in compassion. This inner togetherness creates transformation. Contact me today to help you end conflict and live with more ease! Read more...

**I wish you a month of cheery valentines and heartfelt love!**

Nancy Elizabeth Brady

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