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January New Client Special: Only \$79 for your first 1-hour session!

Read below about specific results that were experienced in one session.*



Nancy Elizabeth Brady is an intuitive transformational healer and teacher. She offers individual sessions, classes and events. Nancy's intent, focus and commitment is to assist individuals to return to their natural state of infinite, awakened empowerment.

Contact Nancy by email: nancy@innernatureinstitute.com

Or call: 949-370-3382

New Branding

Next month's update will be sent from my url nancybrady.com which is currently being

Inner Voice Newsletter January 2012

Balancing in 2012

Hello and Happy New Year Everyone!

2012 is a year steeped in centuries of speculation. Though myths, legends and predictions about this year line book shelves and fill airwaves, the quality of our experiences will depend on our openness as life evolves. To advance our ability to live and co-create as conscious humans, greater emphasis on attunement of our personal self and essence Self will be at the forefront this year. A focus on unity will grow as life weaves change through diverse aspects of life and alienated aspects of our self.

January turns attention to change, how we allow changes, and how we navigate continual transformation. This year begins with the energy of contrast to point us toward inner balance, regardless of whether circumstances are stable or unstable. Change, when sudden, can feel challenging. It can prompt a desire to scramble for options to ease anxiety that may be triggered during times of uncertainty. When we align with inner resources, creative solutions awaken. In the midst of anxiety or other fearful reactions to change, give priority to the quiet places inside and get to know your Self and your inherent wisdom. Let the freedom of each unfettered breath open a realization of vaster possibilities.

In January you may feel an increased desire to connect with your deeper creative potential. This is part of integrating your spirit Self. More seeds of opportunity will begin to sprout. There is a surge of excitement, an emphatic urgency, as an impulse for change increases. A mounting global acceptance of wholeness is surfacing, similar to seeing that each side of a coin exists as part of one single coin, that you can't damage one side without hurting the other, that by helping someone you help everyone. Yet diversity nourishes through 7 billion of us and

is currently being revised. The business name Inner Nature Institute has served me well this past year and the website change is for marketing purposes. I am excited to continue offering great service through sessions, classes and special events and to provide increased access through social media.

Comments from 2 women about their results in a session with Nancy:

"The same evening after our appointment I was changing my bandage and saw that a big chunk of the tumor had fallen off. The size of the tumor is smaller now. It felt really good."

"Immediately after I got off the phone with you ... and I mean IMMEDIATELY... I got a call for a job. So, whatever you/we did.. it worked!"

[Schedule your session](#)

*results vary with individuals

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everyone. For diversity peaks through 7 billion of us and everyone is changing in some way. Additionally, being an election year, opposing viewpoints will be spotlighted in the media and in ourselves. By looking from a broader vantage point inside, you can see how contrast invites unification and propels evolution.

Changes in 2012 are part of a continual flow that already exist. The entire universe is touched by change and our planet is no exception. The core dynamic of this transforming evolutionary cycle is one of perspective: seeing what never was true, and realizing what already exists and all-ways is: a spirit of Love. The essence of heart is returning to life. As we let Love in and welcome our true Self, as we meet and integrate diversity and challenges inside and out, Love's wholeness becomes manifest on earth. Welcome to 2012, a time to remember who and what you really are!

Balancing Perspectives

I have a childhood memory of playing on a seesaw and getting stuck at the upper end of the teeter-totter while my legs dangled in space. Then as my partner pushed off the ground I bumped down with a jarring thud. Back and forth we'd go until our energy attuned and synchronized. At that point, our individual movements felt like one unified movement.

During the ups and downs of life, sometimes we feel suspended without a foundation. And sometimes we encounter hard knocks. The impact of either viewpoint dissolves when we discover and live in balance with our true Self. I'm here to help you release obstacles to this!

I wish you a month of creative inspiration!

Nancy Elizabeth Brady





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